# REGISTRATION



Please click the link below to register:

<u>ubmdpsychiatry.com/news-and-events/annual-conference/</u>

Registration questions? Contact Julia Moore at jmoore9@buffalo.edu







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444 FOREST AVENUE

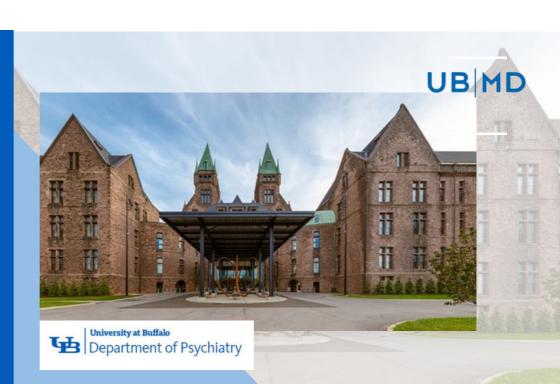
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20th Annual
Comprehensive
Review of
Psychiatry: Mental
Healthcare in the
Digital Age

SEPTEMBER 11<sup>th</sup> & 12<sup>th</sup> 2025

THE RICHARDSON HOTEL BUFFALO, NY



# Speakers & Program Schedule



# Leanna Fortunado, PhD

Director of Quality & Innovation American Psychological Association

# John B. Torous, MD, MBI

Director, Digital Psychiatry Division, Beth Israel Deaconess Medical Center Instructor in Psychiatry, Harvard Medical School

### S.Gabe Hatch, PhD

Hatch Data & Mental Health, O.C. Tanner

# **Ethics Panel**

Mark Frank, PhD | Department of Communication
University at Buffalo
Sarah Mullin, PhD, MS | Roswell Park
Benjamin Rein, PhD | Department of Psychiatry
University at Buffalo
Connor Wurst, PhD Candidate | Department of Industrial &
Systems Engineering, University at Buffalo

# **Program Directors**

Beth A. Smith, MD
Professor of Psychiatry & Pediatrics
Chair, Department of Psychiatry
University at Buffalo

Stephanie Ficarro, PsyD
Research Assistant Professor of Psychiatry
Department of Psychiatry
University at Buffalo

# Thursday, September 11th 2025

9:00-9:30	Registration & View Exhibits
9:30-9:40	Welcome & Introduction
9:40-11:10	Digital Therapeutics: Moving from Promise
	to Imapct   Leanna Fortunado, PhD
11:10-1:10	Department Flash Talks & Lunch
1:10-2:10	Poster Presentations & Discussion
2:10-3:40	Digital Psychiatry: Update on Smartphone
	Applications & Artificial Intelligence
	John B. Torous, MD, MBI

# Friday, September 12th 2025

9.00-9.30 Registration & View Exhibits

5.00-5.50	Registration a view Exhibits
9:30-9:40	Welcome & Introduction
9:40-11:10	Talk to Me: When Sigmund Meets Dreud -
	Use of ChatGPT in Therapy & Assessment
	S. Gabe Hatch, PhD
11:10-1:10	Department Flash Talks & Lunch
1:10-2:10	Poster Presentations & Discussion
2:10-3:40	Ethics, Technology, & Mental Healthcare:
	Moderated Panel Discussion   UB Faculty
	and trainees

# **CONFERENCE OBJECTIVES**

The goal of this conference is to update the participants on the latest advances, with a focus on technological innovations in neurobiology, pharmacology, psychotherapy, developmental sciences and social and economic aspects of the field of mental healthcare. Through lectures, discussions, and a moderated expert panel, complex data will be translated into simple, clinically relevant information that will be useful to the practicing clinician. At the completion of this activity, participants should be able to:

- Assess the risks and benefits of mental health technological applications using the APA framework and mindapps.org database and be able to lead a patient through informed decision making regarding selecting an application.
- 2. Appreciate cases where artificial intelligence (AI) can help a patient in treatment, as well as where it can cause harm and be able to discuss with patients the risks and benefits of using AI chatbots.
- Appreciate the evolution of conversational AI from early to modern systems, highlighting shifts in design, purpose, and psychological and psychiatric relevance.
- 4. Identify features that qualify a tool as a digital therapeutic, understand how these tools can be used to enhance mental health care delivery, and appreciate challenges that have contributed to the lack of widespread adoption of digital therapeutics by the field.
- Analyze the scientific, practical, and ethical implications of the use of Al and technology in mental health contexts.

### **CME ACCREDITATION & CERTIFICATION**

The University at Buffalo, Jacobs School of Medicine and Biomedical Sciences is accredited by the ACCME to provide continuing medical education for physicians.

The University at Buffalo, Jacobs School of Medicine and Biomedical Sciences designates this live activity for a maximum of 12.00 AMA PRA Category 1 Credit(s). Physicians should claim only the credit commensurate with the extent of their participation in the activity.

# **CME ACCREDITATION & CERTIFICATION**

The Department of Psychiatry is recognized by the NYS Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists. This program has been designated for a maximum of 12.0 CE credits.

Psychologists should only claim credit commensurate with the extent of your participation in the activity.